

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maene Stefaan HEADCOACH

Coaches: De Nolf Elina

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 13-14 Heat:2, starttime: 08:33

Heat: 2/14 Lane : 2 Athlete: KIELB KORNELIA Q-time: 02:26:77

PB (50m pool): 02:44.27 Antwerpen 13/07/2025 PB (25m pool): 02:30.24 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.08	01:19.29	02:02.69	02:44.27	
	00:37.08	00:42.21	00:43.40	00:41.58	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12 Heat:9, starttime: 10:21

Heat: 9/20 Lane : 2 Athlete: CALLEWAERT ANTHE Q-time: 03:02:88

PB (50m pool): 03:03.52 Lago Kortrijk Weide 03/05/2026 PB (25m pool): 03:10.58 SB: 03:03.52 Lago Kortrijk Weide 03/05/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.38	01:29.75	02:26.26	03:03.52	
	00:43.38	00:46.37	00:56.51	00:37.26	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12 Heat:20, starttime: 10:58

Heat: 20/20 Lane : 7 Athlete: DEWITTE ELISE Q-time: 02:42:48

PB (50m pool): 02:45.66 Antwerpen 08/03/2026 PB (25m pool): 02:42.48 SB: 02:45.66 Antwerpen 08/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.85	01:17.81	02:09.99	02:45.66	
	00:34.85	00:42.96	00:52.18	00:35.67	
					

Coach feedback:

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Event number: 4: 100M BACKSTROKE MEN 11-12			Heat:12, starttime: 11:29
Heat: 12/12 Lane : 7 Athlete: VERSTRAETE HENRI			Q-time: 01:14:78
PB (50m pool): 01:14.78 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 01:15.18 SB: 01:14.78 Lago Kortrijk Weide 03/05/2026
	5 0 M	1 0 0 M	
PB	00:36.23	01:14.78	
	00:36.23	00:38.55	
			

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 13-14			Heat:4, starttime: 11:36
Heat: 4/6 Lane : 8 Athlete: KIELB KORNELIA			Q-time: 01:12:79
PB (50m pool): 01:17.62 Brugge 01/02/2026			PB (25m pool): 01:18.70 SB: 01:17.62 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:34.98	01:17.62	
	00:34.98	00:42.64	
			

Coach feedback: